



# Strengthening Families Training Institute Boise, ID

Laura DeBoer

Department of Health and Welfare

March 15, 2011

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# Objectives

- Review Home Visiting → ACA
- Introduce MCH Home Visiting Planning
- Discuss Program Vs. Systems Planning & Development

# Family Support in Idaho



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**Family Support Card**

The Idaho Family Support Card is a new way for you to access your Child Support payments. Previously, using the Idaho Quest EBT Card to access your child ...

[www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov) > Child Support > FAQs - Cached - Similar



**Idaho Family Self Support Program**

[Place page](#)

1090 Hine Road  
Pocatello, ID 83201-2902  
(208) 235-2900  
Bus: Pocatello Creek and Winco  
Get directions - Is this accurate?

**Family Programs - Idaho National Guard**

Idaho Family Programs is an official part of the military structure that ...

[nationalguard.idaho.gov/FamilyPrograms/FamilyPrograms.aspx](http://nationalguard.idaho.gov/FamilyPrograms/FamilyPrograms.aspx) - Cached

**Family Support Program - Idaho Department of Health and Welfare**

Mar 2, 2009 ... Family Support Program Family Support is available to Idaho ...

[www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov) > Special Needs - Cached

[Show more results from idaho.gov](#)

**Family Support Services - An Integrative Approach to Individual**

Family Support Services provides excellent, affordable support services to individuals and families of North Idaho. We believe that each person deserves the ...

[www.fssidaho.com](http://www.fssidaho.com) - Cached

**IDAHOCHILD.ORG - A GATEWAY TO CHILDREN'S SERVICES AND INFORMATION**

Idaho encourages the education of new social workers to help with the constant need for family and child support. Social workers do more than just sit in ...

[www.idahochild.org](http://www.idahochild.org) - Cached - Similar

**Family Support Service-N Idaho LLC - Coeur D Alene, ID - Social**

Our free company profile report for Family Support Service-N Idaho LLC includes ... Family Support Services Of North Idaho, Family Therapy Services N Ida ...

[www.manta.com/c/mnmtmgp/family-support-service-n-idaho-llc](http://www.manta.com/c/mnmtmgp/family-support-service-n-idaho-llc) - Cached

**Autism Speaks, Community, Family Services, Idaho, Support Groups**

Family Services, Autism Diagnosis, Early Intervention, El State Info, El Services ... Idaho

# Home Visiting in Idaho



home visiting in Idaho

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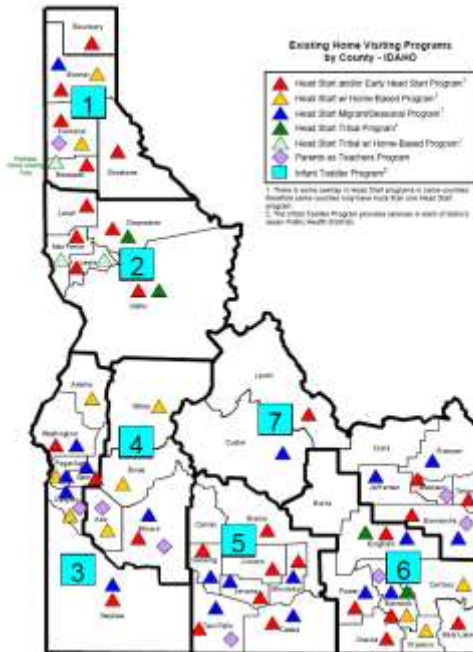
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**PDF** [IDAHO'S ACA MATERNAL, INFANT AND EARLY CHILDHOOD HOME VISITING ...](#)

File Format: PDF/Adobe Acrobat - Quick View

this **Home Visiting** assessment. Much of the health data for the state is collected ..... Based on future levels of funding for the **Home Visiting** Program, ...  
[www.healthandwelfare.idaho.gov/LinkClick.aspx?fileticket=.tabid...](#)

[Home Visiting Program](#)

One of the many components of this legislation was a chapter establishing a ...  
[www.healthandwelfare.idaho.gov/.../HomeVisitingProgram/.../Default.aspx](#) - Cached

**PDF** [Maternal, Infant and Early Childhood Home Visiting Program ...](#)

File Format: PDF/Adobe Acrobat - View as HTML

**Home Visiting**: What is it? • **Home visiting** is defined as an evidence-based ...  
[www.healthandwelfare.idaho.gov/LinkClick.aspx?fileticket=.tabid...](#)

[Show more results from idaho.gov](#)

[Pew Home Visiting Inventory Idaho](#)

The Pew Center on the States **home visiting** survey of state agency leaders provides an inventory of FY2009-2010 state-supported home visitation programs, ...  
[www.pewcenteronthestates.org/initiatives\\_detail.aspx?initiativeID...](#) - Cached

[Senior home care Coeur d'Alene Idaho \(ID\), Elder Care, Senior ...](#)

Senior care in Coeur d'Alene **Idaho**(ID): **Visiting Angels** provides non-medical assisted living homecare services as an alternative to other elder care options ...  
[www.visitingangels.com/SENIOR\\_HOMECARE\\_COEUR\\_DALENE\\_ID\\_83815-384](#) - Cached

[Boise Homes - Meridian Homes - Idaho Real Estate by AA REALTORS BOISE](#)

The **Idaho** Housing and Finance Association has a number of great programs to help Boise and **Idaho** home buyers get into their next **home**! Visit these links to ...  
[www.aarealtorsboise.com/](#) - Cached - Similar

[Strengthening Families Training Institute - Secure Registration Form](#)

While some states have a multitude of **home visiting** programs and highly developed **home visiting** systems, **Idaho** has little experience with this proven ...  
[www.prestoregister.com/cgi-bin/order.pl?ref\\_id=1](#) - Cached - Similar

[Idaho ARRL Section - HOME PAGE](#)

**Idaho** Section Message Greetings to Current and Future Amateur Radio Operators! Thank you for **visiting** our ARRL **web** page, which is devoted to ALL Amateur ...

# Home Visiting in Iowa (the other Idaho)



home visiting in Iowa

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## Spend the Weekend in Iowa

Great escapes a short drive away Visit the online Iowa travel guide [vacationinIowa.com](http://vacationinIowa.com)

## Pew Home Visiting Inventory Iowa

The Pew Center on the States home visiting survey of state agency leaders provides an inventory of FY2009-2010 state-supported home visitation programs, ... [www.pewcenteronthestates.org/initiatives\\_detail.asp?initiativeID...](http://www.pewcenteronthestates.org/initiatives_detail.asp?initiativeID...) - Cached

## Visiting Nurse Services of Iowa: Offering medical and social ...

Nursing services include home visits, family support, parent education, transportation, flu immunizations and much more. Learn more about VNS of Iowa ... [www.vnsdm.org/](http://www.vnsdm.org/) - Cached - Similar

## home visiting needs assessment indd

File Format: PDF/Adobe Acrobat - Quick View

Iowa's Maternal, Infant and Early Childhood Home Visiting Program ..... The priorities for Iowa's Home Visiting program were derived from the needs ... [www.idgh.state.ia.us/hpcdp/common/pdf/\\_/home\\_visiting\\_assessment.pdf](http://www.idgh.state.ia.us/hpcdp/common/pdf/_/home_visiting_assessment.pdf)

## Iowa Community Action Association - News - HOME VISITING TEACHERS ...

Iowa's CAAs are locally-based private, non-profit organizations that network with a wide-array of local organizations to enhance the opportunities for ... [www.iowacommunityaction.org/\\_/HOME\\_VISITING\\_TEACHERS\\_NEEDED\\_FOR\\_EARLY\\_HEAD\\_START\\_IN\\_FREMONT\\_MILL...](http://www.iowacommunityaction.org/_/HOME_VISITING_TEACHERS_NEEDED_FOR_EARLY_HEAD_START_IN_FREMONT_MILL...) - Cached

## Harkin Announces Nearly \$890,000 Coming to Iowa for Home Visiting ...

Jul 22, 2010 ... Harkin Announces Nearly \$890,000 Coming to Iowa for Home Visiting Program to Improve the Well-being of Children and Families ... [harkin.senate.gov/Press/Releases/](http://harkin.senate.gov/Press/Releases/) - Cached

## Living, Working, Playing and Visiting in Iowa

Iowa.com features Iowa businesses, people, places and events as well as links to ... Housing prices are lower, and commuting to and from work is usually ... [iowa.com/](http://iowa.com/) - Cached - Similar

## Iowa Family Support - Iowa Community Empowerment - Iowa Department ...

The foundation of FaDSS is regular home visits with families, using a strength-based approach. For More Information: <http://www.iowafadss.org> ... [www.empowerment.state.ia.us/family\\_support/index.html](http://www.empowerment.state.ia.us/family_support/index.html) - Cached - Similar



# The Affordable Care Act

- Health Care Reform
- Obamacare
- Insurance Exchanges and Mandates
- Public Health Prevention Fund
- “Death Panel”
- BUT ALSO....

# Maternal, Infant, and Early Childhood Home Visiting Program

- Affordable Care Act: March 23, 2010 , commonly called “Health Care Reform”
- Each state eligible to apply for \$\$ → “EB Home Visiting” programs.
- Funding awarded to applicants upon successful completion of:
  - Initial Grant Application
  - Home Visiting Needs Assessment
  - State Plan for the Maternal, Infant, and Early Childhood Home Visiting Program.

# Application Process

July, 2010:  
**Initial  
Application**

June 2011:  
**State Plan**



September  
2010:  
**Needs  
Assessment**



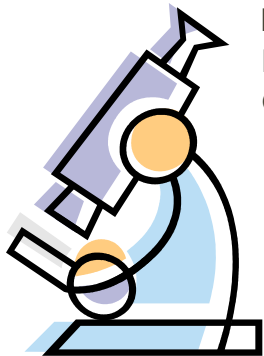
# What is Home Visiting?

**Home visiting is defined** (in legislation) as an *evidence based program*, implemented in response to findings from a needs assessment, that includes home visiting as a **primary service delivery strategy** (excluding programs with infrequent or supplemental home visiting), and is offered on a **voluntary basis to pregnant women or children birth to age 5 targeting the participant outcomes**



# What is Evidence-Based?

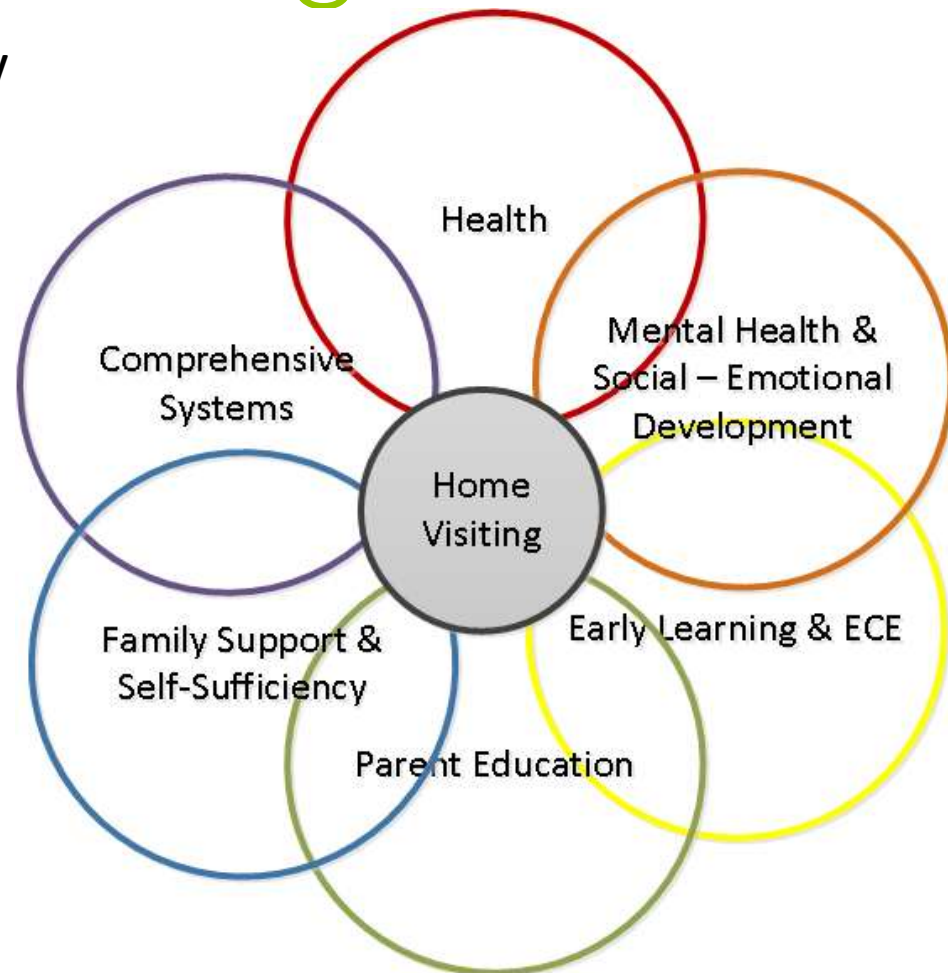
**Evidence-based program defined as** existing for at least **three years**, **research-based**, grounded in relevant empirically-based knowledge, linked to program determined outcomes, **associated with a national organization or institution of higher education** with comprehensive home visitation program standards that ensure high quality service delivery and continuous program quality improvement, demonstrate significant, **sustained positive outcomes per required benchmarks** and participant outcomes when evaluated using well-designed and rigorous, **randomized controlled research designs** and the results are published in a peer-reviewed journal, or **Quasi-experimental research designs**. Or, the model must conform to a promising and new approach which achieves the required benchmarks and participant outcomes



*Federal Register / Vol. 75, No. 141 / Friday, July 23, 2010: Affordable Care Act Maternal, Infant, and Early Childhood Home Visiting Program.*

# Why Home Visiting?!

Home Visiting is one service delivery route, in which research has shown to be effective in improving outcomes in at least these areas:



# Protective Factors

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

# ACA Maternal, Infant, and Early Childhood Home Visiting Program

What are required outcomes?

- Participant outcomes & benchmarks
- Demonstration of improvement at 3 year on 5-6 outcomes



Maternal Health	Child Health
Child Development & School Readiness	Prevention of Child Injuries & Maltreatment
Parenting Skills	Reductions in Crime or Domestic Violence
Improved Family Economic Self-Sufficiency	Improved Coordination & Resources of Community Supports



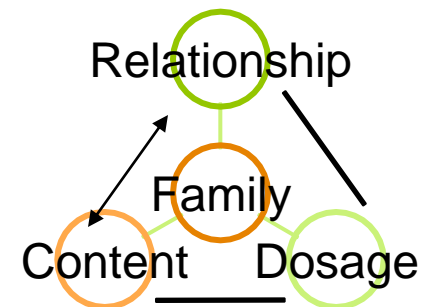
# Achieving Outcomes

## HmV Infrastructure Elements

- Planning
- Operations
- Workforce Development
- Funding
- Collaboration
- Communication
- Community & Political Support
- Evaluation

## Aspects of HmV Programs Necessary to Achieve Outcomes

- Dosage
- Content
- Relationships
  - Family → Home Visitor
  - Supervisor → Home Visitor



*Zero to Three Journal* (2010) **Home Visiting: Past, Present, and Future** July, 30:6, 70 pgs.

# MCH Home Visiting Application Process

July, 2010:  
**Initial  
Application**

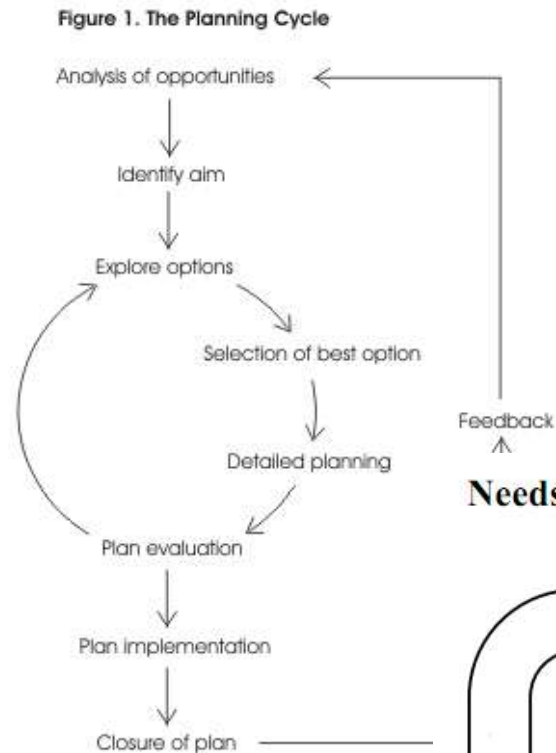
June 2011:  
**State Plan**



September  
2010:  
**Needs  
Assessment**



# Program Development



## Needs Assessment, Planning, Implementation & Monitoring Process

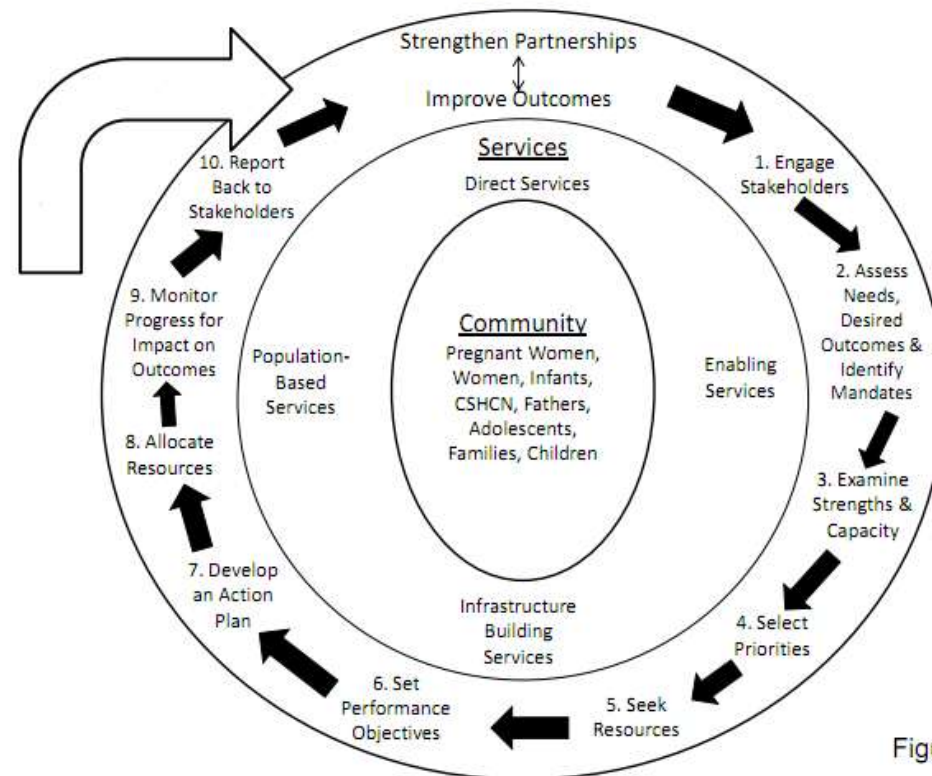
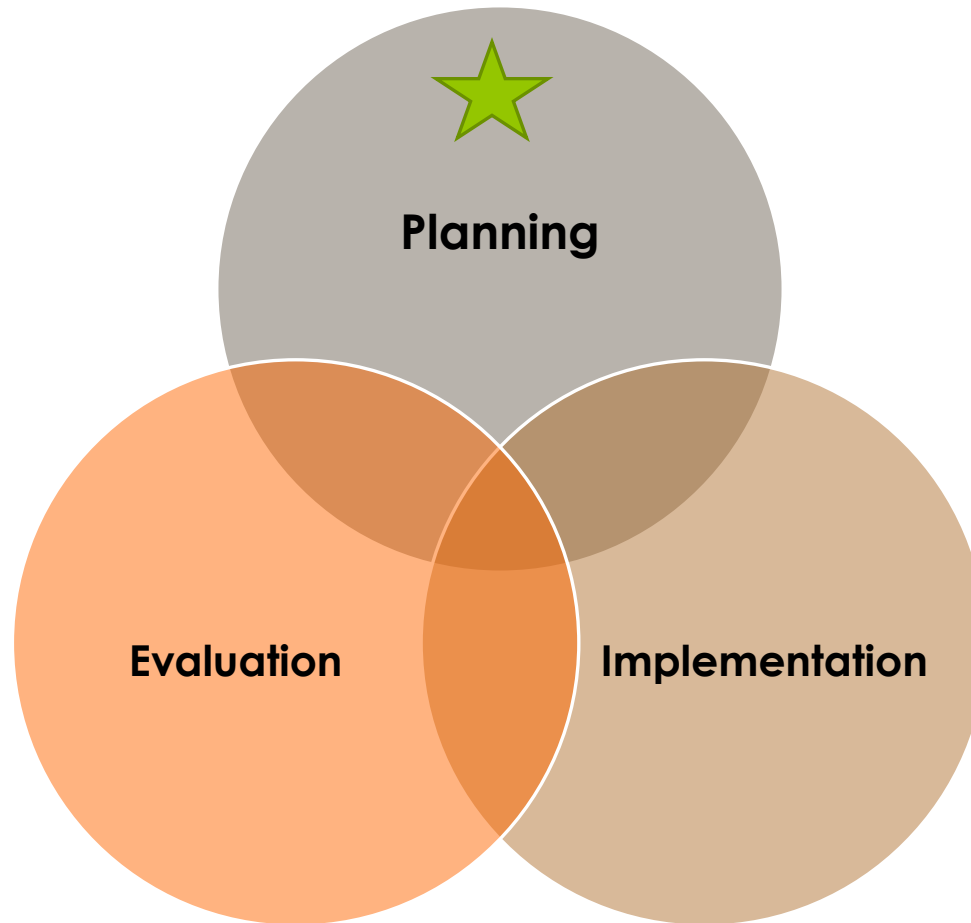
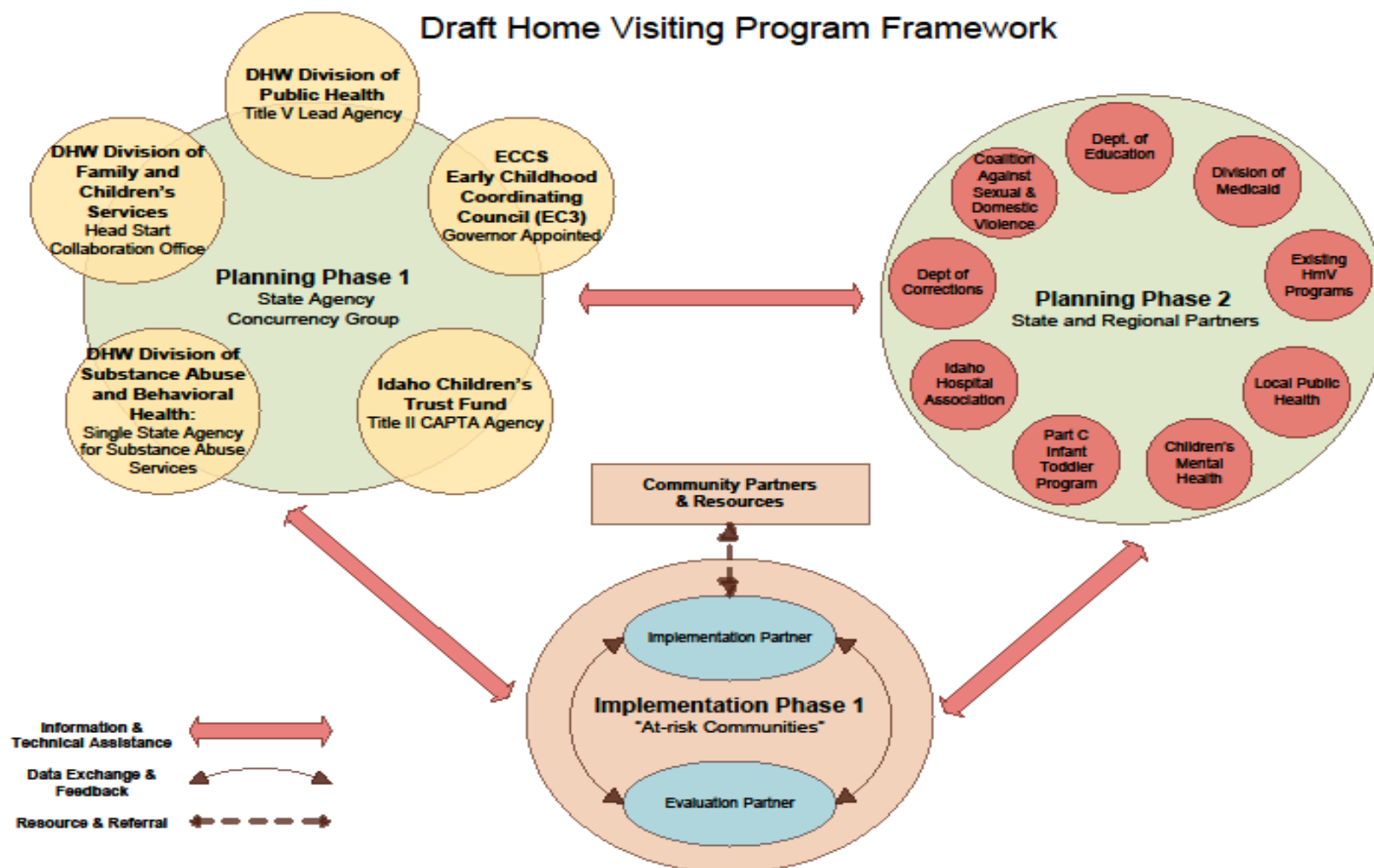


Figure 1

Sources: MCH  
Needs Assessment  
2015, Iowa  
Department of  
Public Health



## Draft Home Visiting Program Framework



# Next Steps

- Community Identification
- Model Identification
- Implementation
- Evaluation
- Developing Home Visiting Systems

# WHAT'S NEXT: THE DANCE

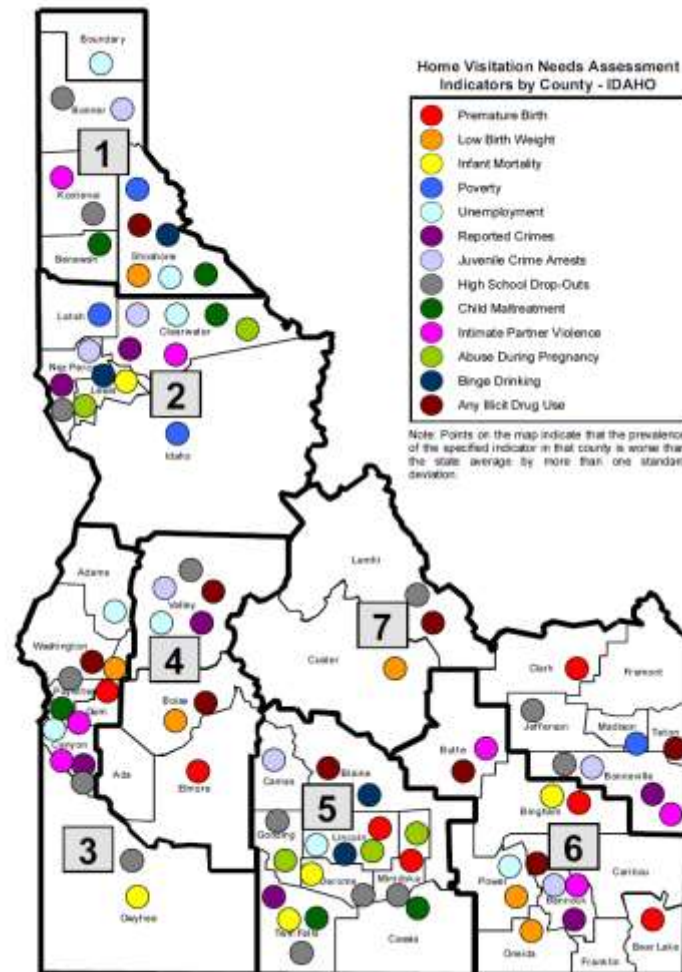


# “Community” Data Report

## ● Risk Rating of “At Risk” Communities

- Public Health District 2: 21.5%
- Public Health District 1: 18.5%
- Public Health District 5: 18.3%
- Public Health District 3: 16.7%
- Public Health District 4: 15.4%
- Public Health District 6: 11.5%
- Public Health District 7: 10.6%

*Note: These percentages are proportions of risk and are not expected to total 100%.*



# Needs Assessment Snapshot

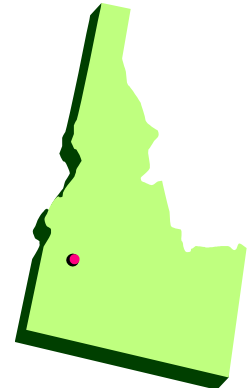
- Target “Communities at-risk”
- Build capacity to provide home visiting services
- Align with existing initiative and systems of care

Community	Risk Rating	2009 Population (%)	2008 # Births (rate)
Public Health District 2	21.5%	104,496 (6.8%)	1,239 (12.1)
Public Health District 1	18.5%	213,662 (13.8%)	2,656 (12.5)
Public Health District 5	18.3%	179,994 (11.6%)	3,115 (17.7)



# Identifying “Communities within Communities”

- Needs Assessment Data – County
- Three methods of analysis
  - Counties within “communities at risk”
  - Counties across “communities at risk”
  - Counties compared to state median



3 Methods	2 Methods	1 Methods
Shoshone	Kootenai	Benewah
Clearwater	Bonner	Lewis
Twin Falls		Lincoln
Jerome		Minidoka

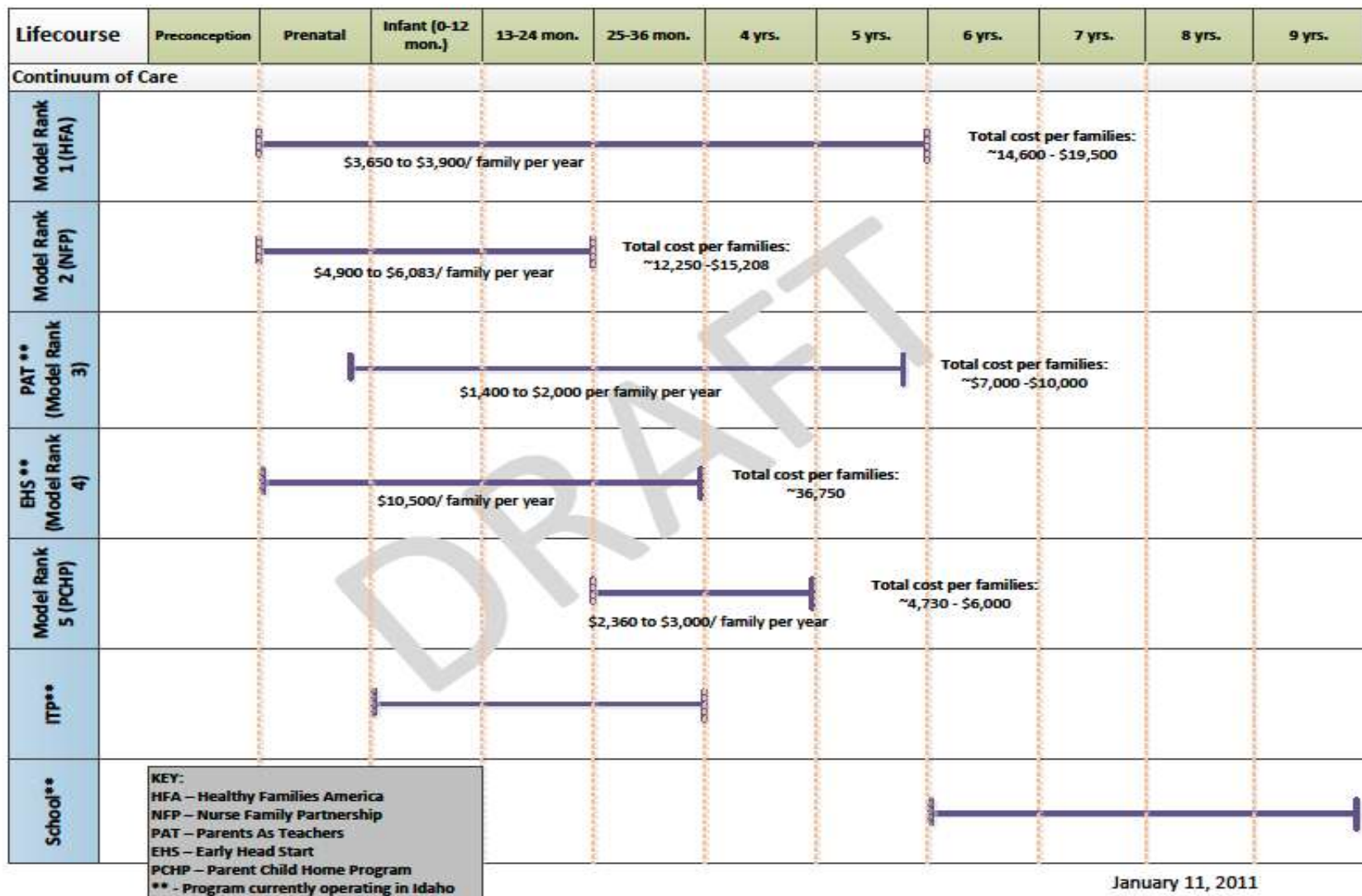
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- Assessed 11 programs that MAY be eligible
  - Program Snapshot
  - Model Comparison Grid (Outcomes)
  - Model Ranking

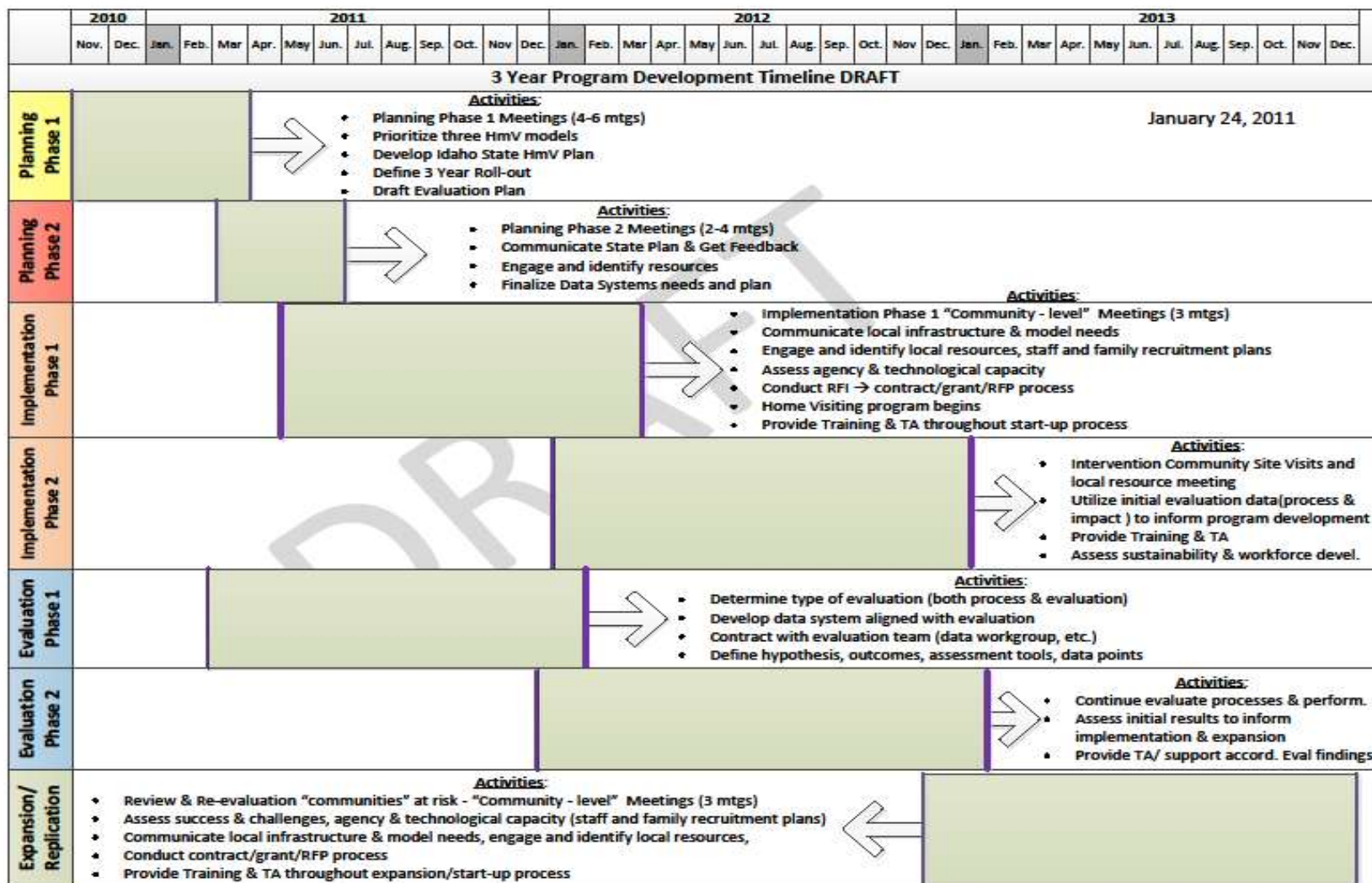
[illegible]

# 7 Eligible Models

- ◉ Early Head Start (EHS)
- ◉ Family Check-up
- ◉ Health Families America (HFA)
- ◉ Healthy Steps
- ◉ Home Instruction for Parents of Preschool Youngsters (HIPPY)
- ◉ Nurse Family Partnership (NFP)
- ◉ Parents as Teachers (PAT)



January 11, 2011



# Community Resource Assessment

- Community Surveying
- Organizations serving children and families
- Assessment of Resources that exist in communities





# Estimated Funding Levels

## Formula Based

- Year 1: \$763,792
- Year 2: \$1,909,480
- Year 3: \$2,673,272
- Year 4: \$3,055,168
- Year 5: \$3,055,168

## Competitive Funding

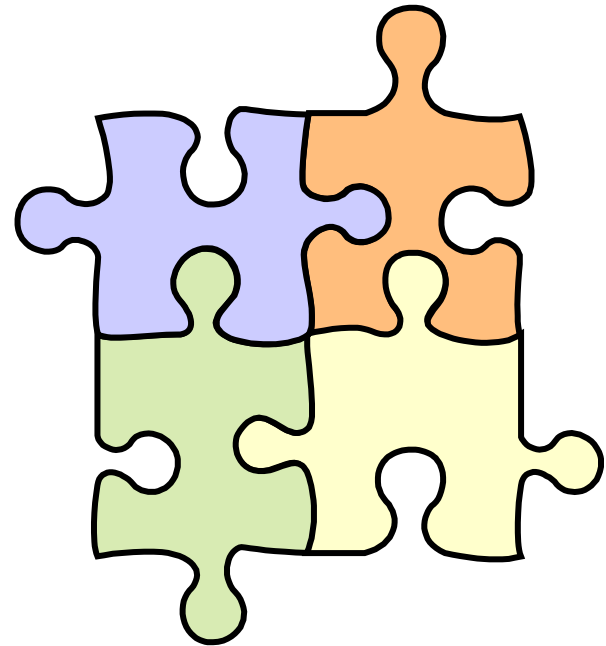
- Year 1: \$763,792
- Year 2: \$763,792
- Year 3: \$763,792
- Year 4: \$763,792
- Year 5: \$763,792



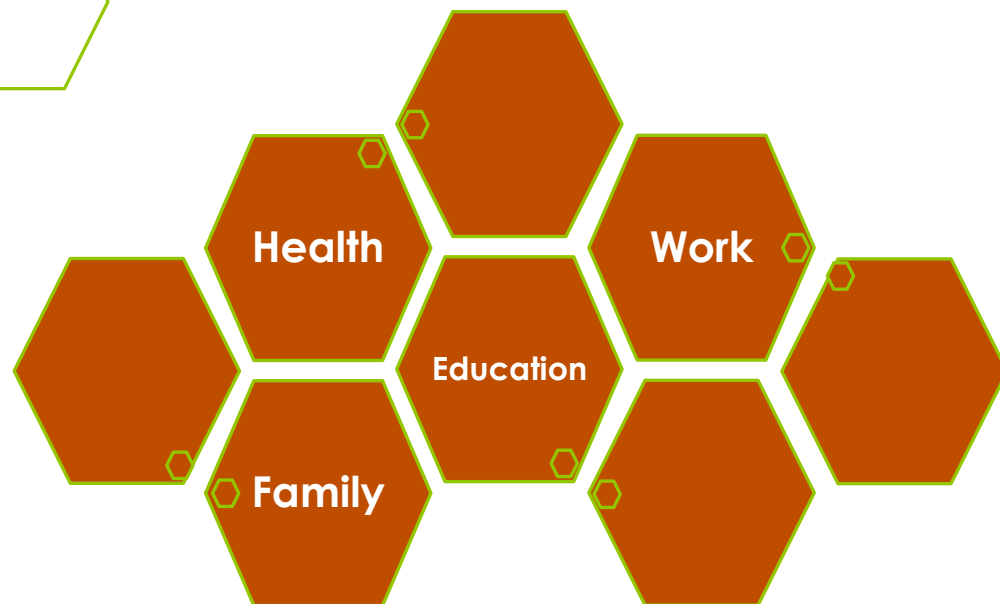
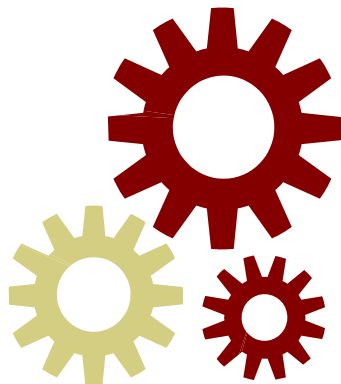
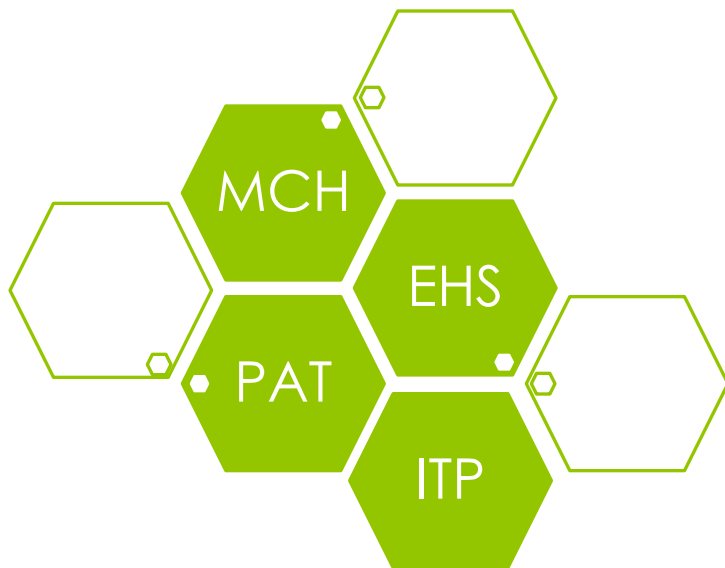


# Now the System....

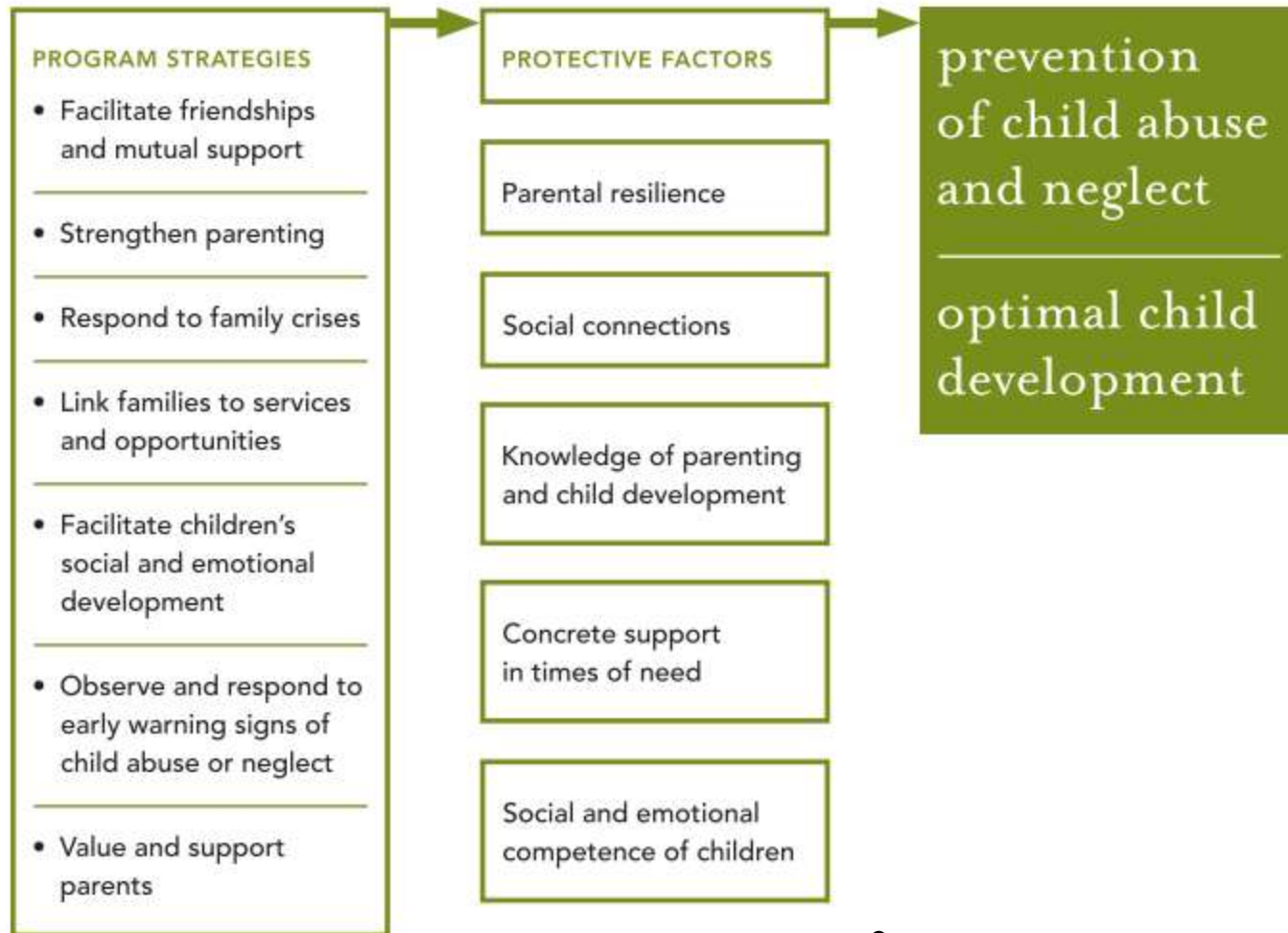
- The opportunity is before us...
- Collaboration necessary now more than ever



# Program vs. System



## Strengthening Families: Common Strategies



Source:  
[www.strengtheningfamilies.net](http://www.strengtheningfamilies.net)

# Home Visiting System in Idaho



## INPUTS

- PAT
- ITP
- CPS
- EHS
- MCH
- OTHERS?




## OUTPUTS

- Coordinated Programs
- Integrated Strategies
- Standard Data Collection
- Common Training
- OTHERS?



## IMPACT

- Prevention of Child Abuse and Neglect
- Optimal Child Development



Most of the people who will  
walk behind me will be  
children so make the beat  
keep time with short steps.

*Hans Christian Andersen*

# THANK YOU!

## Questions or Comments?

Laura DeBoer

[deboerl@dhw.idaho.gov](mailto:deboerl@dhw.idaho.gov)

208-334-5962



Visit us on the Web:

<http://www.healthandwelfare.idaho.gov/Children/ChildrensSpecialHealthProgram/HomeVisitingProgram/tabid/1521/Default.aspx>